

Subject: Your September SDNC-CAMFT eNews

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San Diego North County Chapter
California Association of Marriage & Family Therapists



September 2018 eNews



Get Ready to Network! Friday, September 21, 2018

Join us Friday September 21st from 9:00am-11:00am at Tri-City Medical Center for a chance to connect personally and professionally with your fellow SDNC-CAMFT members. Our Board of Directors received lots of positive feedback last year after our Networking Meeting and we are listening to you. This year we plan to hold this meeting with a similar structure. After introductions of new Board of Directors members, recognition of new members, and honoring the newly licensed, we will have time for those members who would like to introduce themselves to the larger group (with the microphone), as in past years. We will also set aside time for smaller group activities to get to know one another better and exchange



professional information. It promises to be a fun and rewarding event, and we look forward to seeing you all there.

Come early if you'd like to help us set up the room and get some more time to network (we are there starting at 8:30). FYI, coming early is one of the best ways to meet more colleagues, catch up with friends, interact with Board members, and feel like an active part of our community. Your participation really does help us stay engaged, supportive, and be the dynamic group we are!

Remember, bring enough business cards to share (we usually recommend about 50) See you on the 21st!

REGISTER

Sponsor Spotlight

Thank you to our September sponsor, Lasting Recovery. Lasting Recovery is a top-rated outpatient addiction recovery center in San Diego and demonstrates the 5 signs of quality treatment for someone who is suffering from drug/alcohol addiction and co-occurring disorders.

Opened in 2004, Lasting Recovery, an Intensive Outpatient Treatment Center, has been providing life changing recovery to those suffering with alcohol and drug addictions. Many people have found healing through our individualized programs that address their unique physical, mental, and emotional needs.

Lasting Recovery is a family business for a family problem. Husband and wife team, Judy Saalinger, Ph.D., LMFT, CAS, and Arthur Farkas, Ph.D., both working in the field of addiction treatment since 1981, began the treatment center as a way to help the community who helped them. Lasting Recovery can be reached at www.lastingrecovery.com.



Membership Corner - 2018 Survey Recap



Thank you to all that responded to the survey. Between May 9 and May 30, we invited members and non-members to participate in our annual online survey. 20% (66) of the 337 active and lapsed SDNC-

CAMFT members participated compared to 24% of the 313 in the survey last year. 22 non-members responded, which was about half the number responding in 2017.

The top five topics our licensed members would like to see during the remainder of our program year were:

1. Couples Counseling – 36.4%
2. Psychopharmacology – 36.4%
3. Divorce/Remarriage/Blended Families – 33.3%
4. Jungian Archetypal/Depth Psychology – 33.3%
5. LGBT Issues – 30.3%

Over eighty percent of our respondents felt they were satisfied with the benefits the chapter provides. The event topic was the greatest influence on your attendance at chapter meetings and workshops. Thirty-three percent of respondents have been chapter members for over 5 years. We use this survey to identify the topics for the upcoming meeting year. Again thank you to all that participated. We appreciate your support and valuable feedback.

JOIN TODAY

2018-2019 Board of Directors

President - Robin Anderson, president@sdnc-camft.org

Vice President - Kathlyne Barnum, vicepresident@sdnc-camft.org

Secretary - Somi Han, secretary@sdnc-camft.org

Treasurer - Pete Martin, treasurer@sdnc-camft.org

Membership - Ryan Buchmann, membership@sdnc-camft.org

Community Outreach - Jessica Wallace, outreach@sdnc-camft.org

Professional Development - Kelli Olds, prodev2@sdnc-camft.org &
Rae Martin, prodev1@sdnc-camft.org

[Board Bios](#)

Get Involved in a SIG

Our special interest groups (SIGs) are small groups who meet monthly to discuss specific topics. To learn more about SIGs, [click here](#).

[September Sandplay SIG](#) - September 7, 9am

[Health Insurance SIG](#) - September 8, 10am

[Supervisors SIG](#) - September 25, 12pm

Welcome New Members

Alexis Alvarez, AMFT

Adrienne Faye, LMFT

Karen Hartnett, LMFT

J.M. Evosevich, LMFT

Van Levy, AMFT

Andrea Morinoue, Grad Student

Stacy Costopoulos Smith, AMFT

Kailee Smith, LMFT

Tara Hodgens, LMFT

Ingrid Johnson, LMFT

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[UC San Diego Eating Disorders Center](#) | [Silver Lining Transitions](#)

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sdnc-camft.org

Check out our website for additional information and resources.

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