

**Subject:** Your March SDNC-CAMFT eNews

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San Diego North County Chapter  
California Association of Marriage & Family Therapists



**March 2018 eNews**



*Your invitation to the Annual law & Ethics, Day long,  
6 CEU credit Workshop*

In every issue of *The Therapist* we read about psychotherapists, both licensed and unlicensed, who have run afoul of the BBS and its rules regarding unprofessional conduct. Ultimately, these therapists have failed to understand and apply one or more of the ten fundamental principles of the profession. Consequently, they created *trouble* for themselves as opposed to creating **success** for themselves.



Just as Monet and Van Gogh created vivid images using line, color, and shape, psychotherapists can create good outcomes for themselves by utilizing the ten principles set forth in this class. This is one of my favorite classes to teach because the material used reflects my personality the most. So, there will be some art, some music, and some humanities, along with information about compliance with legal and ethical requirements. I hope you can join us on March 16! Dave Jensen

REGISTER

## *Chapter Leadership Award goes to....*



Katie Militello, a board member of the SDNC-CAMFT Board of Directors since June 2016. She initially held the role of Pre-Licensed Representative, and during the first year of her two-year term, she revitalized our Team 3000 meetings, which are geared toward associate marriage and family therapists, trainees, and students. Our May 2017 Team 3000 meeting had an unusually large number of attendees – some traveled all the way from Riverside to see our presentation in Carlsbad! In June 2017, both of our Professional Development Co-Chairs left the Board of Directors, and Katie stepped into one of the two roles. She knew it would require a great deal of time and energy, but between Katie and her Co-Chair (Kelli Olds), they were able to improve the process of obtaining speakers. Katie and her Co-Chair came up with the idea of having mini-workshops (which have been a success thus far), and Katie was also instrumental in locating our new chapter meeting venue. We now have all of our speakers booked for the remainder of 2018, which is unprecedented for our chapter and largely thanks to Katie's efforts.

## *Membership Corner* *by Emily Gilmore*

As technology evolves, it is our responsibility as clinicians to keep abreast of the changes that apply to our field, even if we decide not to make use of new technological options in our practice. I feel much more knowledgeable about the particulars of online therapy after our February meeting with Dr. Ben Caldwell. Ben gave a thorough and engaging presentation on the legal, ethical, and “best practices” points involved in all digital forms of psychotherapy. He covered HIPAA requirements, and skillfully answered questions about communication appropriate and available to therapists and their clients, as well as potentially sticky situations that may arise in the digital arena. I'm sure everyone who attended the meeting walked away with a new understanding and appreciation for the complexities of this topic. Thank you, Ben!

If you have not been attending recent SDNC-CAMFT chapter meetings, I encourage you to try to make it to our remaining meetings this year—don't miss out on opportunities to hear from amazing presenters, and enjoy the company of your peers at the same time! Check out our exciting lineup (thank you, Professional Development team!) under “Events” on our website, [sdnc-camft.org](http://sdnc-camft.org). Get educated, connect with colleagues, be more prepared professionally, and have some fun. You deserve it, and your clients will benefit too!



SAVE THE DATE! The next free Team 3000 meeting for pre-licensed therapists will be Saturday, April 28 from 9-11 am at Tri-City Medical Center in Oceanside. You don't need to be a CAMFT member to join.

For more information, please contact Pre-Licensed Representative Rachel Moore at: [prelicensedrep@sdnc-camft.org](mailto:prelicensedrep@sdnc-camft.org)

FYI: Updated information from the BBS on the title change for pre-licensed therapists from Interns to Associates can be found [here](#).

JOIN TODAY

## *CAMFT Leadership Conference*

*by Somi Han*

Board members Robin Anderson (President), Kathlyne Barnum (Vice-President) and Somi Han (Secretary) attended the CAMFT Leadership Conference on February 16-17 in Burlingame, California. Over 100 chapter leaders from 21 chapters across the state came together to network and share best practices. In the "State of CAMFT" presentation, members were informed of the important advocacy work that is being done on behalf of our profession, including legislation, regulations and hot topics. The marquis event of the day was CAMFT Connects "The MFT Scope of Practice in the 21st Century." CAMFT members, Board members, volunteer and staff came together to brainstorm and discuss the importance of updating the MFT scope of practice so that it adequately affects the work we do today. It was an invigorating and robust time of connecting with our colleagues and CAMFT Board members in an informal setting. Most importantly, it provided a platform in which to voice our thoughts about where and how our profession moves forward into the future.

## *Wine and Conversation*

*by Jessica Wallace*

Special Interest Groups are groups dedicated to a specific topic. These groups help foster growth and knowledge on that topic. SDNC-CAMFT currently has several active SIG groups, including topics such as health insurance, supervision, EFT, and sand play. We'd like to introduce our newest SIG, "Wine and Conversation". This is an opportunity to gather, have a glass of wine, and discuss some of the many issues in the field of mental health. SIG's are member run and free to attend. Members and non-members are welcome to join. If you are interested in joining a SIG, [view our schedule](#).

If you would like to start a SIG please contact me at [outreach@sdnc-camft.org](mailto:outreach@sdnc-camft.org).

## *Welcome New Members*

Christine Hjortnaes, LMFT  
Beverly Laning, LMFT  
Mariana Guzman, LMFT  
Valerie Murphy, LMFT

## *Support Our Sponsors*

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