

Karlee McGlone is a Licensed Marriage and Family Therapist and the Admissions Manager at the UC San Diego Eating Disorders Center. With expertise in Dialectical Behavior Therapy (DBT) and Motivational Interviewing (MI), Karlee works closely with patients, families, and outpatient teams to work through the treatment-ambivalence inherent in eating disorders. She is a passionate advocate, helping everyone to have access to the evidence-based care they need and deserve. Karlee graduated from Point Loma Nazarene University with a B.A. in Psychology and earned her M.A. in Clinical Psychology from Azusa Pacific University. She has clinical experience treating eating disorders in residential, partial hospitalization, intensive outpatient and private practice settings. Karlee is an active member of the International Association of Eating Disorder Professionals (iaedp) and the outgoing Membership Chair for the San Diego chapter.