

Syllabus:

Introduction and Sociometry build connection amongst group members, suss out experience with couples work, etc. **(15 minutes)**

Teach Sociometry, including examples of exercises and types of questions to use with couples. **(45 minutes)**

Break **(15 min)**

Teach Psychodramatic technique of Doubling, demonstrate its use with couples in vignettes and have group break out to engage in practice it **(45 minutes)**

Teach use of doubling and sociometry in working with conflict with couples **(25 minutes)**

Q&A **(15 minutes)**