

ART THERAPY FOR THERAPISTS

Facilitated by: Ellen Speert MEd, ATR-BC, REAT and Kathy Clark, LMFT

Make self-care and professional growth a priority by connecting with other therapists using art in a supportive environment

PROVIDER/LOCATION:

Ellen Speert, Director
California Center for Creative Renewal
Encinitas, CA

GROUP SCHEDULE:

9:30 am - 12:00 pm
First Friday of the month

REGISTRATION FEES:

\$375 + \$25 materials fee for entire series
\$75 for 12.5 CEUs
Cash, check or credit card

Join us for this monthly group as we support each other in exploring how art therapy can sustain and revitalize us as therapists (LMFTs, LCSWs, LPCCs and LEPs) and inform our work with clients. Each of the five group meetings will introduce a theme. You will be able to:

- Discuss art therapy in relation to your professional challenges as a therapist
- Demonstrate hands-on use of art therapy interventions and materials related to the week's theme
- Discuss what emerged in the art making (process and product)

FOR MORE INFO OR TO REGISTER:

Contact Ellen at 760.436.3310 or Kathy at 858.822.9046
or visit www.artretreats.com/art-therapy-services/for-therapists-only

**JAN
5**

DEEPENING OUR RESPONSIVENESS

How can we be more open to what emerges moment to moment in the therapeutic encounter?
How can our senses be enlivened by art media to meet our clients' needs?

**FEB
2**

UNCOVERING & RESPONDING TO OUR COUNTERTRANSFERENCE

How can art making track our unconscious responses to our clients?
How can we take a new look at the interlacing of their stories with ours?

**MAR
2**

CREATIVITY AND RESILIENCY

How do we use the creative process to respond to those who drain us?
How can the difficult clients be "met" more deeply?

**APR
6**

SELF NURTURANCE

How can we stay a step ahead by keeping the "creative well" filled?
How can art be a soothing container?

**MAY
4**

TRACKING

How do we follow our clients to enhance the therapeutic alliance?
How do we know what/when to introduce media and directives?

CAMFT Approved CE Provider # 89596. Course meets the qualifications for 12.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences.

Certificates will be awarded at the completion of the series. Cancellations by December 15, 2017 are entitled to a full refund minus a \$25.00 processing fee. Please contact instructors with any requirements for special accommodations or grievances.